

Cross Country Ski Trails **Rochester Area**

City Park & Golf Courses:

1. Quarry Hill (701 Silver Creek Rd, NE Rochester) - Groomed
2. Eastwood (Eastwood Road, SE Rochester) - Groomed
-Lighted trail for night time skiing
3. Essex Park (5455 W River Rd, NW Rochester) - Groomed
4. Soldiers Field (244 E. Soldiers Field Drive, Rochester)
5. Northern Hills (4800 West Circle Drive, NW Rochester)

County Parks:

1. Chester Woods (Eyota, 507-287-2624) – Groomed, call for conditions
2. Oxbow Park (Byron, 507-775-2451) – Groomed, call for conditions

State Parks:

1. Whitewater State Park (Altura, 507-932-3007)
2. Carley State Park (Plainview, 507-932-3007 c/o Whitewater SP)
3. Frontenac State Park (Lake City, 651-345-3401)
4. Great River Bluffs State Park (20 mi south of Winona, 507-643-6849)
5. Nerstrand Big Woods State Park (Nerstrand, 507-333-4840)
6. Forestville State Park (Preston, 507-352-5111)

Bike / Ski Trails:

1. Root River Trail System (Preston – Lanesboro – Fountain)
2. Douglas Trail (Rochester – Pine Island)

Other:

1. St. Mary's College (Winona)

NOTE: State Law requires ski-trail passes for use of designated trails.
Contact Minnesota DNR for information on the ski pass (888-665-4236)

For Local Nordic Trail conditions:

<https://www.facebook.com/Rochester-Nordic-Ski-Trails-132546310228592/>

Courtesy of Tyrol Ski & Sports
1923 2nd St. SW, Rochester MN 55902, 507-288-1683